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District Governor - Rtn. Chetan Desai

Club President - Rtn. Dr. Seemaa Negi

Club Secretary - Rtn. Saurabh Patel

CNN Editor - Rtn. Machindra Borhade

President writes.....

The Magic of Rotary : A Year of Service Above Self



Dear Rotarians,

As we step into another month of service, reflection, and action, I am filled with immense pride and gratitude for the journey we've shared over the past few months.

They have been nothing short of transformative—both gratifying and device-oriented, with innovative solutions paving the way for impactful community service. Together, we have embraced change and leveraged technology to reach those in need more efficiently and effectively.

Our collective efforts have not only brought smiles but also instilled hope in countless lives. Each project, no matter how big or small, has been a shining example of our unwavering

commitment to humanity. This spirit of service is the heartbeat of Rotary, and it has been inspiring to witness it resonate so strongly within our community.

As we inch closer to bidding goodbye to 2025, let's remember that our journey is far from over. The world continues to present challenges that require our compassion, creativity, and resilience. Let us keep the momentum high, push boundaries, and strive to leave an indelible mark on society.

Together, we can achieve more. Together, we can make 2025 a year of extraordinary impact, a year where we truly give our best to society and mankind.

Let's continue to Serve to Change Lives!

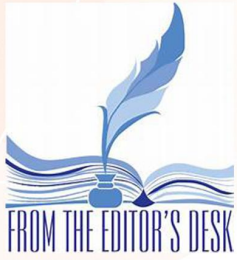
Warm regards,

Dr. Seemaa Negi

President,

Rotary Club of Mumbai West Coast

The Editors' Desk



Hi, West Coasters,

As we close another month of service and fellowship, I am reminded of a simple yet profound truth: "Individually, we are one drop. Together, we are an ocean." Every initiative, every smile we bring to someone's face, and every moment we dedicate to our community creates ripples of positive change.

Our collective efforts exemplify the Rotary spirit—serving above self. Let us continue to inspire each other, strengthen our bonds, and dream big for the impact we wish to make. Remember, even the smallest act of kindness can spark a wave of transformation.

Thank you for your dedication and passion. Together, we truly make a difference!

Warm regards,

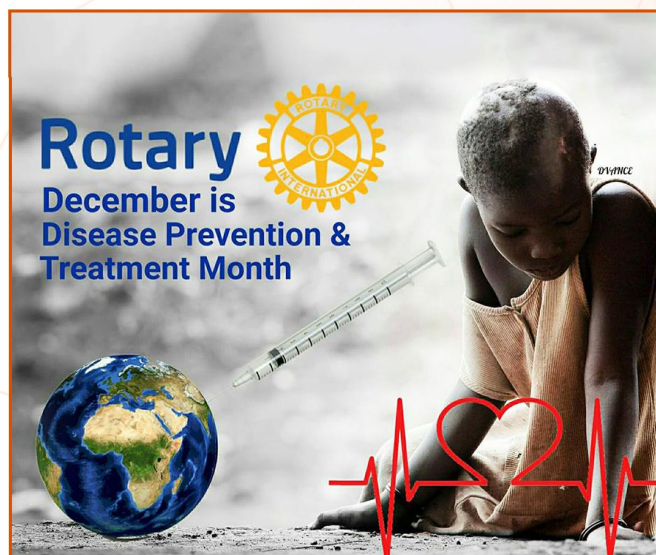
Yours in Rotary Service,

Machindra Borhade

CNN Editor

Rtn. Dimple Tanwar

CNN Co-editor



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The Month That Was

11th November 2024: Robo Sumo - Robotics Competition at St. Agnes High School, Byculla

The Robo Sumo - Robotics Competition was held at St. Agnes High School, Byculla, on 11th November 2024. Organized by the Rotary Club of Mumbai West Coast in collaboration with OLL, the event brought together young innovators for an exhilarating robotics challenge that combined creativity, teamwork, and problem-solving.

Participants formed teams to design and build their own robots, which competed in a dynamic "sumo wrestling" arena. The objective was straightforward yet thrilling: to push the opponent's robot out of the ring while remaining within bounds.

The event seamlessly blended learning with fun, encouraging collaboration as students

worked in teams to explore concepts in robotics, engineering, and programming. Each match was a testament to the participants' ingenuity, with robots showcasing unique designs and strategies.

More than just a competition, Robo Sumo celebrated innovation and fostered practical skills and teamwork among the participants. The energy, excitement, and knowledge gained from this event are sure to inspire future projects and innovations in the field of robotics.

A total of eight teams comprising 40 students participated in the competition. The event was spearheaded by Rtn. Ritu Dubey, who served as the project chair.



Principal and Student Participants of St. Agnes High School: Celebrating Excellence Together

14th November 2024: Robo Sumo - Robotics Competition at St. Wilfred, Mira Road

The **Robo Sumo - Robotics Competition** was held on 14th November 2024 at St. Wilfred School, Mira Road. Organized by the Rotary Club of Mumbai West Coast in collaboration with OLL, the event brought together young innovators for an exhilarating robotics challenge that emphasized creativity, teamwork, and problem-solving.

Participants formed teams to design and build their own robots, which competed in a dynamic “sumo wrestling” arena.

The objective was both simple and thrilling: to push the opponent's robot out of the ring while staying within bounds.

The competition was a perfect blend of learning and fun, encouraging students to collaborate in teams while exploring concepts in robotics, engineering, and programming. Each match showcased the ingenuity of the participants, with robots demonstrating unique designs and strategies.

More than just a competition, Robo Sumo was a celebration of innovation. It fostered practical skills, teamwork, and a spirit of curiosity among participants. The energy and excitement generated during the event will undoubtedly inspire future projects and advancements in the field of robotics.



Principal, Teachers, and Student Participants of St. Wilfred High School: United in Celebrating Innovation and Excellence

18th November 2024: AI, STEM & STEAM Workshop at Sanjeevani World School, Dahisar

Collaboration is the foundation for building strong, lasting relationships, and it's through a shared vision and joint efforts that we create meaningful impact.

This belief came to life during our recent AI, STEM, and STEAM Workshop for forward-thinking elementary school leaders. It was an incredible experience to engage with passionate educators who are shaping the future of learning!

Organized in collaboration with OLL, the workshop aimed to empower educators with innovative tools and methodologies, equipping them to nurture critical thinking, creativity, and problem-solving skills in young learners. Together, we delved into:

- The transformative role of AI in education
- The importance of integrating STEM and STEAM in early learning
- Hands-on activities and collaborative problem-solving sessions

The enthusiasm and commitment of these school leaders were truly inspiring as they embraced new ideas and strategies to make learning more dynamic and inclusive. Nearly 65 educators benefited from this enriching workshop. The event was successfully spearheaded by Rtn. Meghana Kushte, who served as the Project Chair.



President Dr. Seemaa Negi
addressing the educators



Learning by Doing: Teachers Exploring the Joy of Hands-On Creativity Together

22nd November 2024: Robo Sumo – Robotics Competition – Dosti Foundation High School, Mumbra

The Robo Sumo - Robotics Competition was successfully conducted on 22nd November 2024 at Dosti Foundation High School, Mumbra. This engaging event was jointly organized by the Rotary Club of Mumbai West Coast in collaboration with OLL.

The competition brought together young minds for an exhilarating robotics challenge that combined creativity, teamwork, and problem-solving. Teams of students designed and built their own robots to compete in a high-energy “sumo wrestling” arena. The objective was simple yet electrifying: to push the opponent’s robot out of the ring while keeping their own robot within bounds.

This event was a perfect blend of education and entertainment. It provided students with a platform to collaborate, exploring concepts of robotics, engineering, and programming in a hands-on environment. Each match highlighted the ingenuity of the participants, with robots showcasing innovative designs and strategic maneuvers.

More than just a competition, Robo Sumo was a celebration of innovation, fostering

Nearly 200 students benefited from this initiative, which was chaired by Rtn. Ritu Dubey. The event's success stands as a testament to the power of collaboration and the Rotary Club's commitment to nurturing young talent.



Principal and Student Participants of Dosti Foundation High School: Celebrating Excellence Together

23rd November 2024: Robo Sumo – Robotics Competition Parle Tilak Vidyalay School ICSE, Vile Parle

The Robo Sumo competition was held on 23rd November 2024 at Parle Tilak Vidyalay School ICSE, Vile Parle. This engaging event was organized in collaboration with OLL, bringing together young innovators for an exhilarating robotics challenge that seamlessly blended creativity, teamwork, and problem-solving.

Participants formed teams to design and

build their own robots, which then competed in an electrifying “sumo wrestling” arena. The objective was simple yet thrilling: to push the opponent’s robot out of the ring while ensuring their own stayed within bounds.

The event was a vibrant mix of learning and fun, promoting collaboration as students worked together in teams while exploring robotics, engineering, and programming concepts. Each match was a showcase of ingenuity, with robots featuring unique designs and strategic gameplay.

Beyond being a competition, Robo Sumo was a celebration of innovation. It fostered practical skills, creativity, and teamwork among the participants. The energy, excitement, and knowledge gained during the event are sure to inspire students to undertake future projects and breakthroughs in the field of robotics.

Nearly 300 students benefited from this initiative, which was skillfully chaired by Rtn. Ritu Dubey. The success of the event highlights the dedication to nurturing young talent and the power of collaboration.



Students, Teachers, and Principal of Parle Tilak Vidyalaya: Celebrating Excellence Together

29 November 2024: Robo Sumo – Robotics Competition, St. Wilfred- Ulwe

The Robo Sumo Robotics Competition, held on 29 November 2024 at St. Wilfred-Ulwe, was an exciting event jointly organized by the Rotary Club of Mumbai West Coast in collaboration with OLL.

The competition brought together young innovators for an exhilarating robotics challenge that combined creativity, teamwork, and problem-solving. Participants formed teams to design and build their own robots, which then competed in a dynamic “sumo wrestling” arena. The goal was simple yet thrilling: to push the opponent’s robot out of the ring while staying within the bounds.

The event offered a perfect blend of learning and fun. It encouraged collaboration as students worked in teams, exploring concepts in robotics, engineering, and programming. Each match displayed ingenuity, with robots showcasing unique designs and strategies.

More than just a competition, Robo Sumo celebrated innovation, fostering practical skills and teamwork among participants. The energy, excitement, and learning from this event will undoubtedly inspire future projects and innovations in the field of robotics.

Almost 300 students participated in the competition. *Rtn. Ritu Dubey* served as the project chair.



Celebrating brilliance and teamwork! Students, teachers, and the esteemed Principal of St. Wilfred High School unite to honor our talented students' success in the Robo Sumo competition—a victory driven by innovation, collaboration, and dedication!

29th November 2024: Inter-Collegiate Quiz Competition at Ghanshyamdas Saraf College

On 29th November 2024, the Rotaract Club of Ghanshyamdas Saraf College hosted an exciting inter-collegiate quiz competition, **Qui-z-est**. The event, featuring three thrilling rounds, showcased an intense contest among the participants. It was flawlessly executed by the Rotaractors and efficiently managed by Rtn. Ganesh Kadam.

Adding to the event's vibrancy, a team from the Indian School of Calisthenics (ISC) gave an impressive demonstration of calisthenics skills, inspiring students to prioritize health and fitness.

A significant highlight of the event was the distribution of cheques to nine deserving girls under Project Rashmi. Kudos to Rtn. Renu Bhat and Rtn. Dharmendra Arya for leading this impactful initiative, with invaluable support from Rtn. Shaila Vyas, Rtn. Jyotsna, Sunita Shetty, and Rtn. Kavita Koti.

We extend our heartfelt gratitude to the esteemed donors of Project Rashmi: Shubham Mishra (ISC), Rtn. Dharmendra Arya, Rtn.

Sadhana Gosavi, Rtn. Kavita Koti and Rtn. Nilima Inamdar, whose generosity made this initiative possible.

The event was truly a celebration of intellect, fitness, and social impact!



Participants and Club members at Ghanshyamdas Saraf College



Empowering lives through the Rashmi Project: Rtn. Shaila Vyas presents a cheque to our beneficiary, illuminating a path to a brighter future

30th November 2024: Ambulance Donation Ceremony at Roha

Our club proudly donated two ambulances to serve the rural areas of Roha (near Ali-baug) and Shrivardhan in the Konkan region. This noble initiative was made possible through a CSR contribution of ₹43 lakhs from BPCL.

The event witnessed an overwhelming response, with more than 500 villagers attending the ceremony.

Honorable MP Sunil Tatkareji, in his address, lauded the impactful work of Rotary International, particularly highlighting the exceptional coordination between the

Rotary Club of Mumbai West Coast (RCMWC) and BPCL in executing this project.

The project was ably led by Rtn. Rajesh Kushte, the chairperson of this initiative.

We extend our heartfelt gratitude to PDG Dr. Bal Inamdar, Dr. Neelam Navgare, Abdul Baig, President Dr. Seemaa Negi, Rtn. Rajesh Kushte, and the dedicated Team Ambulance for their outstanding efforts in making this project a grand success.



Honourable MP Sunil Taktareji addressing the gathering



30th November 2024: Ambulance Donation Ceremony at Roha, Maharashtra

The Rotary Club of Mumbai West Coast (RCMWC) proudly donated two ambulances to serve the rural communities of Roha (near Alibaug) and Shrivardhan in the Konkan region. The Ambulance Donation Ceremony, held on 30th November 2024 at Roha, marked a significant milestone in addressing the healthcare needs of these areas. This initiative was made possible through a generous CSR contribution of ₹43 lakhs from Bharat Petroleum Corporation Limited (BPCL).

The ceremony saw an overwhelming response, with more than 500 villagers in attendance. These ambulances will play a vital role in enhancing emergency medical services and ensuring better healthcare accessibility for the people in these rural regions.

Honorable Member of Parliament, Shri Sunil Tatkareji, graced the occasion. In his address, he lauded the impactful contributions of Rotary International and commended the exceptional coordination between RCMWC and BPCL in executing this meaningful project.

The project was successfully led by Rtn. Rajesh Kushte, the chairperson of this initiative, whose dedication was instrumental in its success.

RCMWC extends heartfelt gratitude to the following individuals and teams for their invaluable contributions:

- PDG Dr. Bal Inamdar
- Dr. Neelam Navgare

- Abdul Baig
- Club President Dr. Seemaa Negi
- Rtn. Rajesh Kushte
- The dedicated Team Ambulance

Their unwavering commitment and teamwork ensured the success of this project, leaving a lasting positive impact on the communities of Roha and Shrivardhan.



Honourable MP Sunil Taktareji
addressing the gathering



Birthdays and Anniversaries Of December

December

Birthdays

3 Rtn. Dr.Nihar Thakkar

6 Rtn. Ganesh Kadam

11 Rtn. Mithoon Gada

23 Rtn. Rajendrasinh Chauhan

25 Rtn. Rajesh Kushte

Anniversaries

2 Rtn. Vishal Mundra
& Meenaakshi Mundra

9 Rtn. Dr.Prajakta &
Abhay Talathi

11 Rtn. Ajay Balan

23 Rtn. Shaila Vyas

26 Rtn Dr Balkrishna Inamdar
& Dr. Rtn. Nilima Inamdar

28 Rtn. Saurabh Patel



Mark Your Calendar

Rotary 
Club of Mumbai West Coast,
District 3141

CHARTER NIGHT CELEBRATION
28 DECEMBER, 2024
YOU ARE HOOKED AND BOOKED FOR US

**COME ONE, COME ALL, FRIENDS, FAMILY.....LET'S CELEBRATE
HAPPINESS & TOGETHERNESS**

Special Feature



Dr. Seemaa Negi

(Global Goodwill Ambassador, Director and Principal Sanjeevani World School, TEDx Speaker, International Trainer and Startup Mentor Life, Happiness, Leadership & Decluttering Coach)

Yad Bhav, Tab Bhavati: The Way You Think, So Shall You Be

Harnessing the Power of a Positive Mindset for Abundance and Service

The Power of Thought

The Sanskrit adage “Yad Bhav, Tab Bhavati”—what you think, you become—encapsulates a profound truth: our thoughts create our reality. Whether building businesses, leading communities, or nurturing relationships, the mindset we cultivate determines the outcomes we achieve.

In a world often dominated by challenges, maintaining a positive mindset is not just a personal virtue—it is the master key to abundance, meaningful growth, and impactful service. Rotary, as an organization dedicated to “Service Above Self,” embodies this principle by transforming vision into action, adversity into opportunity, and small initiatives into global change.

The Mindset of Abundance: A Leadership Imperative

Abundance is not merely the presence of material wealth. It is a state of mind—a belief that the world is full of opportunities, resources, and potential waiting to be unlocked.

As Rotarians, we know that our ability to think positively and see solutions where others see problems is what turns projects into milestones and communities into thriving ecosystems.

Consider the mindset of abundance in leadership:

- **Transforming Challenges:** Leaders who focus on possibilities inspire teams to find innovative solutions even in the most uncertain times.
- **Creating Impact:** A positive outlook empowers service projects to go beyond immediate needs and drive lasting change.
- **Fostering Collaboration:** Abundance thinking nurtures a culture of sharing resources, celebrating collective success, and lifting others as we rise.

Thoughts Shape Our Actions: Realizing Rotary's Vision

The power of thought is not abstract; it manifests in action. “The way you think, so shall you be” is evident in every Rotary initiative.

- **Polio Eradication:** A seemingly impossible mission turned into a global success story because of unwavering belief and collective effort.
- **Humanitarian Projects:** From clean water programs to literacy drives, the positive vision of creating “hope in the world” transforms intent into reality.

Every project begins with a thought—a belief that “I can,” “we will,” and “together, we can make a difference.” This is the abundance mindset that Rotary inspires.

Practical Tools to Cultivate a Positive Mindset

To master abundance in thought and action, consider these timeless tools:

- **Vision with Purpose:** Begin each initiative with a clear vision. Ask yourself, “What positive change do I wish to create?”
- **Practice Gratitude:** Reflect on the progress made, the people impacted, and the opportunities yet to come. Gratitude amplifies abundance.
- **Reframe Challenges:** Replace “It can’t be done” with “How can it be done?” Positivity inspires solutions.
- **Surround Yourself with Optimism:** Collaborate with individuals who uplift, motivate, and encourage growth.
- **Act with Intent:** Thoughts without action remain dreams. Pair a positive mindset with consistent, purposeful efforts.

Real Inspiration: Abundance in Action

History proves that a single thought can change the world. Leaders like Nelson Mandela, Mother Teresa, and Rotary’s founder, Paul Harris, all shared one common trait: they believed in abundance—a world of solutions, collaboration, and opportunities.

Rotary’s journey is filled with countless stories of such visionaries who have turned their positive thoughts into movements that transcend boundaries, cultures, and generations.

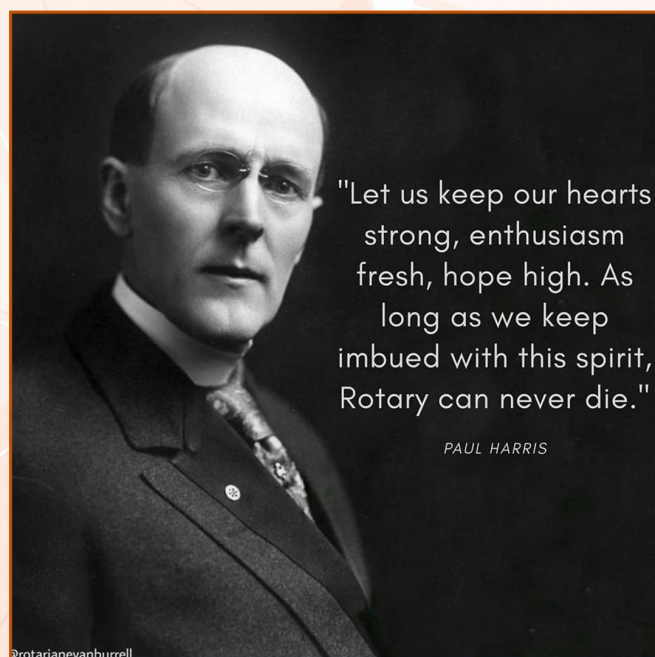
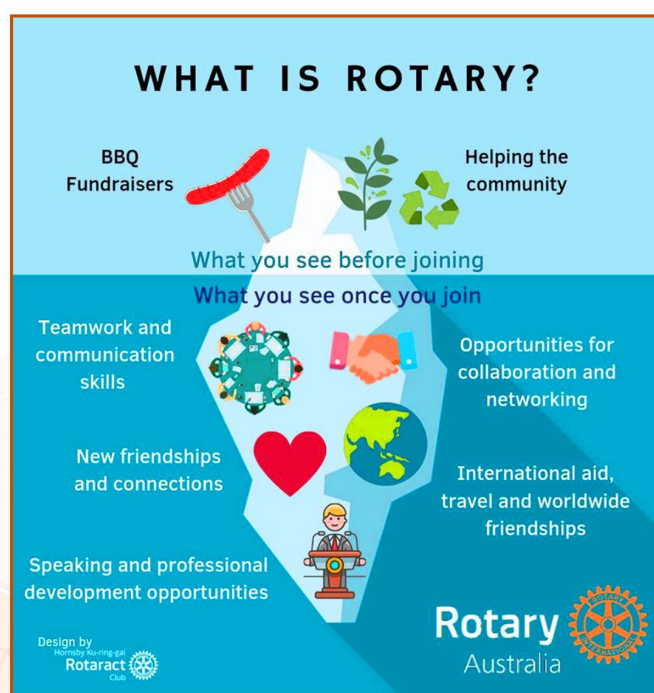
Lead, Serve, and Inspire with Abundance

“Yad Bhav, Tab Bhavati” reminds us that every thought carries the power to build or break, to inspire or limit.

As Rotarians, our mindset of abundance not only defines our personal growth but also multiplies impact within communities.

When we think big, act positively, and serve selflessly, abundance follows—not as chance, but as a natural outcome of our thoughts and efforts. As we move forward, let us embrace this timeless truth:

“The way we think, so shall we be. And when we think abundantly, we create a world of infinite possibilities.”



Rotary Stories

International News

ROTARY PROJECTS AROUND THE GLOBE

- By **Brad Webber**

Guatemala

The Rotary Club of Guatemala La Reforma's Up-cycling Art Festival featured whimsical sculptures and paintings created with cast-off materials such as paper and cardboard, wood scraps, glass, plastics, metal, rubber, and electronic waste. Like many countries, Guatemala struggles with solid waste management, notes Esther Brol, a past club president who pioneered the event in 2023. "Pushing artists out of their comfort zone by challenging them to create works of art from waste has generated wonderful results," including raising funds for club projects and The Rotary Foundation, she says. The club partnered with the Rotaract Club of Guatemala La Reforma and the Rotary Club of Los Altos Quetzaltenango to organize the three-week exposition and sale that concluded 5 June.



Bulgaria

In 2007, the Rotary Club of Sofia-Balkan teamed up with the Bulgarian Basketball Federation and the National Sports Academy to form a basketball club for wheelchair users, and the project has kept growing. Over the years, the club has lured coaches from the European Wheelchair Basketball Federation to offer a player clinic, cultivated referee skills, and established a Rotary Community Corps to help. On 13 February, in conjunction with a Rotary zone event, the Bulgarian team faced off against a Serbian team for a friendly match. The club's signature project is a point of pride for

Rotarians, says Past Club President Krasimir Veselinov, and several organizations that advocate for people with disabilities have signed on to support the venture.



Ethiopia

With the wind at their backs, members of the Rotary Fellowship of Kites and its founder, Henock Alemayehu, gathered for a day of kite making and flying with 250 children, many of them displaced by conflict among the more than 80 ethnic groups in Ethiopia. The children and volunteers converged on the grounds of an elementary school in Quiha, in the northern Tigray region, for the Ashengoda Kite Festival on 9 June. "The simplicity of this activity carried profound significance, offering a rare moment of peace and joy for these children," says Alemayehu, a member of the Rotary Club of Addis Ababa Central-Mella. The kite fellowship, which has more than 100 members from 12 countries, is "creating lasting change through the simple yet powerful act of kite flying," says Alemayehu.

This story originally appeared in the November 2024 issue of Rotary magazine.



Courtesy by - Rotary International
(www.rotary.org November 2024)